

Here are the daily readings:

- January 3: The glory of meditation / Exodus 24:15-18
- January 4: The friendship of meditation / Exodus 33:11
- January 5: The terror of meditation / Exodus 20:18-19
- January 6: The object of meditation / Psalm 1:1-3
- January 7: The comfort of meditation / 1 Kings 19:9-18
- January 8: The insights of meditation / Acts 10:9-20
- January 9: The ecstasy of meditation / 2 Corinthians 12:1-4
- January 10 – The pattern of prayer – Matthew 6:5-15
- January 11 – The prayer of worship – Psalm 103
- January 12 – the prayer of repentance – Psalm 51
- January 13 – The prayer of thanksgiving – Psalm 150
- January 14 – The prayer of guidance – Matthew 26:36-46
- January 15 – The prayer of faith – James 5:13-18
- January 16 – The prayer of command – Mark 9:14-29
- January 17 – The example of Christ – Luke 4:1-13
- January 18 – God’s chosen fast – Isaiah 58:1-7
- January 19 – A partial fast – Daniel 10:1-14
- January 20 – A normal fast – Nehemiah 1:4-11
- January 21 – An absolute fast – Esther 4:12-17
- January 22 – The inauguration of the gentile mission – Acts 13:1-3
- January 23 – The appointment of the elders in the churches – Acts 14:19-23
- January 24 – The call to study – Proverbs 1:1-9, 23:12, 23
- January 25 – The source of truth – James 1:5, Hebrews 4:11-13, 2 Timothy 3:16-17
- January 26 – What to study – Philippians 4:8-9, Colossians 3:1-17
- January 27 – The value of study – Luke 10:38-42
- January 28 – Active study – Ezra 7:10, James 1:19-25
- January 29 – Study in the evangelistic enterprise – Acts 17:1-3, 17:10-12, 19:8-10
- January 30 – The study of a nonverbal book – Proverbs 24:30-34
- January 31 – Simplicity as singleness of heart – Matthew 6:19-24