The Beacon

Brewster Baptist Church

Brewster, Massachusetts
An American Baptist Church

February
Volume 25
Issue 1

How's Your Renovation Project Going?

One of the things we see a lot of in our neighborhood this winter are renovation projections. It seems almost every third or fourth house has contractors and trades people doing an addition or carpentry, roofing, electrical, painting, plumbing, or HVAC work. I know our BBC folks in these fields are very busy.

Just likes our homes need routine maintenance or else over time they can decline and fall into disrepair which leads to even bigger problems, the same is true of our spiritual lives. Our relationship with Christ also benefits from frequent, regular attention. Otherwise, like a house that isn't cared for, our spiritual life can weaken and falter. That's why we're engaged in this series on "Tools to Build Your Spiritual Life" so you can better equip yourself to build and strengthen your relationship with God.

I'm delighted so many people at BBC are engaging with Richard Foster's book, *Celebration of Discipline–The Path to Spiritual Growth*, either personally or with a small group. What we're doing is not light or easy. It's more like Christian spirituality boot camp. However, the practices we're preaching on, reading about, discussing, and hopefully practicing whether for the first time or perhaps in new ways all enable us to grow in our relationship with God. **The Inward Disciplines** of **meditation, prayer, fasting, and study** are ways of focusing our mind, body, and spirit on the Lord and giving God our focused attention so we can be renewed and transformed as Paul writes in *Romans 12:2*. With all 12 of the disciplines the purpose of doing them is not so we can say we did them. It's not so we can think we're super-spiritual. We do them to put ourselves more intentionally and frequently in a place where the Spirit can remold and remake us more into the image of Christ.

The Inward Disciplines are referred to in that manner because we can engage in them without anyone else or virtually anyone else knowing we're doing them. I can meditate on a verse of scripture or something in nature at any time. I can pray without ceasing wherever I am and whatever I'm doing. I can fast without broadcasting it to others. I can discipline myself to make sure I'm studying God's word, other devotional classics, nature, and filling my mind with what is good, true and beautiful.

On the last Sunday of January and the first three Sundays of February, we turn to **The Outward Disciplines** of **simplicity, solitude, submission, and service.** These disciplines speak to our manner of life and they involve inward realities that impact and alter our outward lifestyle. As Foster writes, "We deceive ourselves if we believe we can possess the inward reality without it

Continued on next page.

having a profound impact on how we live." All the disciplines are like tools to build our spiritual life and each contributes something unique while also often combining with or increasing the impact of another. For example, many times prayer and fasting are combined sometimes even with meditation on scripture, and the disciplines all enhance each other. Simplicity and solitude as well as submission and service also often reinforce each other.

The important thing is to be open to trying these practices as we experience this spiritual growth emphasis together and hopefully continue to incorporate them into the rhythms of our days and weeks so that we may be changed, transformed and blessed so that we may be a blessing to others.

Grace and Peace,
Doug Scalise

The church office will be closed for Presidents' Day on Monday, February 15.

Worship in February

8:30am – Livestream Only
No In-Person Services

Series: Tools to Build Your Spiritual Life

The Outward Disciplines

February 7
"Making the Most of Solitude"
Matthew 4:1–11

February 14
"The Purpose of Submission"
Hebrews 13:17

February 17, 6:00pm
Ash Wednesday
"Return to the Lord"
Joel 2:12–17

February 21
"Holy Hospitality"
Hebrews 13:2 (NIV)

The Corporate Disciplines

February 28
"The Cleansing of Confession"
Psalm 32:1–7, 1 Peter 2:9–10, 1 John 1:7–10

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bbc@brewsterbaptistchurch.org

BREWSTER BAPTIST CHURCH STAFF

Lead Pastor:	Doug Scalise
Executive Pastor:	David Pranga
Pastor:	Barbara Burrill
	Joe Greemore
Music Director:	Chris Morris
Administration:	Katherine Cram
	Sharon Kautz
	Mary Ormon
Facilities Manager:	Tom Swaida
Sextons:	Lisa Freeman
	Chuck Hilton
	Geoff Larkin

Spiritual Formation

Celebration of Discipline by Richard Foster

The Door to Liberation

The longing to go deeper.	Psalm 42
The slavery of ingrained habits.	Psalm 51
The slavery of ingrained habits.	Romans 7:13–25
The bankruptcy of outward righteousness.	Philippians 3:1–16
Sin in the bodily members.	Proverbs 6:16–19
Sin in the bodily members.	Romans 6:5–14
The victory of Spiritual Discipline.	Ephesians 6:10–20

Meditation

The glory of meditation.	Exodus 24:15–18
The friendship of meditation.	Exodus 33:11
The terror of meditation.	Exodus 20:18–19
The object of meditation.	Psalm 1:1–3
The comfort of meditation.	1 Kings 19:9–18
The insights of meditation.	Acts 10:9–20
The ecstasy of meditation.	2 Corinthians 12:1–4

Prayer

The pattern of prayer.	Matthew 6:5–15
The prayer of worship.	Psalm 103
The prayer of repentance.	Psalm 51
The prayer of thanksgiving.	Psalm 150
The prayer of guidance.	Matthew 26:36–46
The prayer of faith.	James 5:13–18
The prayer of command.	Mark 9:14–29

Fasting

The example of Christ.	Luke 4:1–13
God's chosen fast.	Isaiah 58:1–7
A partial fast.	Daniel 10:1–14
A normal fast.	Nehemiah 1:4–1
An absolute fast.	Esther 4:12–17
The inauguration of the gentile mission.	Acts 13: 1–3
The appointment of elders in the churches.	Acts 14:19–23

Study

The call to study.	Proverbs 1:1–9, 23:12, 23
The source of truth.	James 1:5, Hebrews 4:11–13, 2 Timothy 3:16–17
What to study.	Philippians 4:8–9, Colossians 3:1–17
The value of study.	Luke 10:38–42
Active study.	Ezra 7:10, James 1:19–25
Study in the evangelistic enterprise.	Acts 17:1–3, 17:10–12, 19:8–10
The study of a nonverbal book.	Proverbs 24:30–34

Spiritual Formation

Celebration of Discipline by Richard Foster

Simplicity	
Simplicity as singleness of heart.	Matthew 6:19–24
Simplicity as trust.	Matthew 6:25–34
Simplicity as obedience.	Genesis 15
The generosity of simplicity.	Leviticus 25:8–12
Simplicity in speech.	Matthew 5:33–37, James 5:12
Simplicity and justice.	Amos 5:11–15, 24, Luke 4:16–21
The freedom from covetousness.	Luke 12:13–34
Solitude	
The freedom to control the tongue.	James 3:1–12, Luke 23:6–9
Prayer and solitude.	Matthew 6:5–6, Luke 5:16
The insights of solitude.	Psalm 8
"The dark night of the soul."	Jeremiah 20:7–18
The solitude of the garden.	Matthew 26:36–46
The solitude of the cross.	Matthew 27:32–50
The compassion that comes from solitude.	Matthew 9:35–38, 23:37
Submission	
The call to submission.	Mark 8:34, John 12:24–26
The example of Christ.	Philippians 2:1–11
The example of Abraham.	Genesis 22:1–19
The example of Paul.	Galatians 2:19–21
Submission in the marketplace.	Matthew 5:38–48
Submission in the family.	Ephesians 5:21–6:9, 1 Peter 3:1–9
Submission with reference to the state.	Romans 13:1-10, Acts 4:13-20, 5:27-29, 16:35-39
Service	
The call to service.	Matthew 20:20–28
The sign of service.	John 13:1–17
The commitment of service.	Exodus 21:2, 21:5–6, 1 Corinthians 9:19
The attitude of service.	Colossians 3:23–25
Service in the Christian fellowship.	Romans 12: 9–13
The ministry of small things.	Matthew 25:31–39
Service exemplified.	Luke 10:29–37
Confession	
The need for confession and forgiveness.	Isaiah 59:1–9, Romans 3:10–18
The promise of forgiveness.	Jeremiah 31:34, Matthew 26:28, Ephesians 1:7
The assurance of forgiveness.	1 John 1:5–10
Jesus Christ, our Adequate Savior, Mediator and Advocate.	2 Timothy 1:8–10, 1 Timothy 2:5, 1 John 2:1
A parable of confession.	Luke 15:11–24
Authority and forgiveness.	Matthew 16:19, 18:18, John 20:23
The ministry of the Christian Fellowship.	James 5:13–16

Spiritual Formation

Celebration of Discipline by Richard Foster

Worship	
Worship in spirit and truth.	John 4:19–24
Communion: the essence of worship.	John 6:52–58, 6:63
The life of worship.	Ephesians 5:18–20, Colossians 3:16–17
The Lord high and lifted up.	Isaiah 6:1–8
Sing to the Lord.	Psalm 96
Worship of all creation.	Psalm 148
Worthy is the Lamb.	Revelation 5:6–14
Guidance	
The polestar of faith.	Hebrews 11
The guidance of divine Providence.	Genesis 24: 1–21
The guidance of justice and obedience.	Isaiah 1:17, 18–20
Led into all truth.	Proverbs 3:5–6, John 14:6, 16:13, Acts 10:1–35
Closed doors, open door.	Acts 16:6–10, 2 Corinthians 2:12
Listening or resisting?	Acts 21:8–14
The family likeness.	Romans 8:14, 28–30
Celebration	
The Lord has triumphed gloriously.	Exodus 15:1–2, 20–21
The joy of the Lord.	2 Samuel 6:12–19
Bless the Lord.	Psalm 103
Praise the Lord.	Psalm 150
Hosanna!	Luke 19:35–40, John 12:12–19
Walking and leaping and praising God.	Acts 3:1–10
Hallelujah!	Revelation 19:1–8

Virtual Ash Wednesday Service

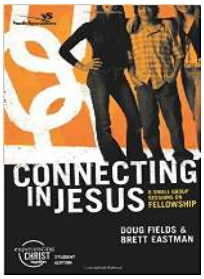
Come be a part of worship as we begin the journey toward Easter called Lent.
This is a time when we exercise the Spiritual Disciplines as we travel
with the Savior who understands all our needs.

"Return to the Lord"
based on *Joel 2:12–17*
Message by Pastor Doug Scalise
with Music from our Praise Team

What: Ash Wednesday Virtual Worship
Date: Wednesday, February 17
Time: 6:00pm
How to attend: Join via "Brewster Baptist Church"
Live on YouTube at 6pm, February 17.

Student Ministry

Tim & Sharon Kautz, Student Ministry Team
508-577-5361 C ⋊ Sharon@brewsterbaptistchurch.org
David Pranga, Pastor
508-896-3381 W ⋊ dpranga@brewsterbaptistchurch.org



Middle School Students will continue to work through Doug Fields and Brett Eastman's *Connecting in Jesus*. This program enables small groups to explore the power and life application of Jesus' teaching on the five biblical purposes of a Christian life by closely examining Christ's model in the Gospels.

High School Students will be following Kyle Idelman's *not a fan. Becoming a completely committed follower of Jesus. not a fan.* invites you to make Jesus not merely the object of your admiration, but the very center of your life.

First & Thirds — Middle School Students on Fridays 6:30 pm to 8:00 pm

Friday, February 5
Friday, February 19
Friday, March 5
Friday, March 19
APRIL TBD – With Easter & April Vacation occurring, we may do something special.
Friday, May 7
Friday, May 21
Friday, June 4
Friday, June 18

First & Thirds — High School Students on Sundays 6:30 pm to 8:00 pm

Because the Super Bowl is on February 7, the high schoolers will start a week earlier.

Sunday, January 31
Sunday, February 7 — Not meeting. Go Brady! Go Bucs!
Sunday, February 21
Sunday, March 7
Sunday, March 21
APRIL TBD – With Easter & April Vacation occurring, we may do something special.
Sunday, May 2
Sunday, May 16
Sunday, June 6
Sunday, June 20

Anniversaries & Birthdays

Anniversaries

3 Richard & Ann Wolf
4 Frank & Susan Ballantine
5 Alfred & Karen Faria
7 Roger & Ann Conover
14 David & Barbara Grandel
John & Doreen Mayer
19 Van & Lynn Latham
24 Jim & Cathy Thomas

Birthdays

1 Cody Fougere
3 Karen Bohon
Bruce Brady
Boots Hickok
Lorraine Jackman
4 Sandra Janson
TJ Miranda
5 JP Cobill
Dan Jones
6 Rachel Pranga
Ashley Smith
Connor Smith
Herb Summers
7 Matthias Fougere
Kevin Jamieson
Sharon Kautz
Michael Ross
8 Jean Carey
Suzanne Christie
Stephen Jones
9 Karen Decker
10 Len Greiner
Sonnie Hall
11 Andrew Palmer
Evelyn Rencurrel
12 Conrad Coddington
Suzanne Ritchie
13 Karen Bakanowski
14 Marjorie Ammann
15 Anabel Brown
16 Jackie Reycroft
17 Gerry Fiore
Jazalynn Henry
Denise Kenney
Shirley Lindstrom
18 Lorraine Donnelly
19 Andrea Glidden
Carolina Luna
Robert Puckett
20 Paul Ammann
21 Nick Janson
Paula Miller
23 Tim Kautz
Alice Ryan
24 Martha Dunford
Pat Foot
Leslie Leighton
25 Bill Carter
26 Nathan Carr
Bob McKenney
Stephen Rochette
Elsa Scott
27 William Doherty
Alan Jenkins
28 Janelle Carreiro
Arlene Lavelle
Leslie Price

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